

# AFTER-WORDS

A NEWSLETTER FOR THE RETIREES OF THE  
FOOTHILL-DE ANZA COMMUNITY COLLEGE DISTRICT



VOLUME XLIX, ISSUE 1

WWW.DEANZA.EDU/FODARA

SEPTEMBER 2022

## Upcoming Events—Mark Your Calendar and Please Join Us!

- **OCTOBER 20**, 3:45pm-5:00pm, Estate Planning Zoom Event hosted by John Wunderling, a partner in the law firm of Ferrari, Ottoboni, Caputo, and Wunderling, with offices in Menlo Park and San Jose. The presentation will cover the basics of estate planning, including the use of living trusts, wills, durable power of attorney, and advance health directives; questions submitted this summer will also be addressed. FODARA will soon send out an email with information on how to register.
- **OCTOBER 27**, 3:00pm, Pizza "Thing"; Tony & Alba's in San Jose (registration form p. 13).
- **DECEMBER 15**, 11:30am, Holiday Luncheon; De Anza Campus Center; registration form will be in the November issue of *After-Words*.

## Recap of 411 Tech Tip Zoom Event



August 3, FODARA held another successful 411 Tech Tip Zoom event with three senior technicians from the District's Educational Technical Services (ETS): Michael Almasi, Client Systems Specialist, and Marty Kahn and Carlos Barreto, Technology Resource Coordinators. This talented and expert ETS Technology team did an excellent job researching and providing answers to questions submitted in advance by FODARA members.

Twenty-three people joined the event via Zoom and enjoyed having their specific questions answered related to home computers, cell phones, iPads, internet speeds, passwords, and security. The interests and questions were so many that the session ran over the one-hour time allotted for the event. The entire Tech Tips presentation is available on YouTube: <https://youtu.be/AkPDBSNCfE4>.

The survey sent out to participants indicated the event was effectively advertised, useful, very easy to participate in, and of great interest. Letty Wong

commented, "I learned a lot from the workshop. I look forward to more. Thanks again to everyone who worked to put it together." Due to all the ongoing changes to our technology devices, there is a high probability that Tech Tips may become an annual FODARA event! FODARA members also expressed interest in other Zoom discussions, in particular talks by our members who have an interest and expertise in specific areas such as gardening and travel. If you would be willing to share your special knowledge, skills, or talents on a zoom event, please contact us.

The FODARA board would like to take this opportunity to thank Sharon Luciw, Associate Vice Chancellor of Networks and Client Services, for approving the use of ETS staff; John Vandercook, Supervisor of Technical Services, for making his technical staff available, and our ETS experts, Michael, Marty, and Carlos for such an excellent presentation. Finally a **big thanks** to Tom Roza, our FODARA Zoom guru.

In the words of Godfrey Reggio, "Technology is best when it brings people together"—this was definitely the case with this FODARA event.

*Linda Conroy*

*La Donna Yumori-Kaku*

FODARA Zoom Coordinators

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## FODARA BOARD OF DIRECTORS 2022-23

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## FODARA COMMITTEES 2022-23

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## FODARA EVENT CALENDAR 2022-23

<b>Sept 13</b>	Tues 1:00pm	Board Meeting *	Zoom / Webmaster's House
<b>Oct 20</b>	Thurs 4:00pm	Fall Estate Planning	Zoom
<b>Oct 27</b>	Thurs 3:00pm	Pizza Thing	Tony & Alba's, San Jose
<b>Nov 1</b>	Tues 1:00pm	Board Meeting *	Zoom / Treasurer's House
<b>Dec 15</b>	Thurs 11:30am	Holiday Luncheon	De Anza Campus Center
<b>Jan 10</b>	Tues 1:00pm	Board Meeting *	Zoom / TBD
<b>Feb</b>	TBD	tentative: Wine Tasting	TBD
<b>Mar 7</b>	Tues 1:00pm	Board Meeting *	Zoom / TBD
<b>Mar 17</b>	Fri 11:30am	St. Patrick's Day Lunch	TBD
<b>April</b>	TBD	tentative: BBQ & Baseball Game	TBD
<b>May 2</b>	Tues 1:00pm	Board Meeting *	Zoom / TBD
<b>June 15</b>	Thurs 3:00pm	Summer Picnic	TBD

\* If you would like to participate in a Board meeting, please email FODARA Secretary Tom Roza for meeting location or Zoom link/password.

## JLMBC UPDATE

Below is a summary of the Joint Labor Management Benefits Committee (JLMBC) meetings of June and July, 2022.

1. Lockton reviewed other health plan providers to determine if any are more cost effective than CalPERS. No alternative plan proposals were received by the deadline for 2023 Open Enrollment, so the District will continue contracting with CalPERS for the 2023 benefit year.

2. For 2023, the following changes to the costs of CalPERS healthcare plans were agreed to by the District and employee representatives:

- The District's Per Employee Per Month (PEPM) contribution from the General Fund will rise from \$1,062 to \$1,132;
- Employee/eligible retiree contribution rates will increase 7% for all but two plans—the *Blue Shield Access+HMO* and *United Healthcare Alliance* contribution rates will decrease to become more in line with similar plans;
- The District agreed to drawdown an estimated \$3,028,772 from the existing balance of the Rate Stabilization Fund (RSF); this is a projected amount and will likely change based on actual plan enrollment numbers and District/employee contributions. Continued funding of the RSF is vital in helping to contain health benefit costs, so the District and the unions have agreed to reopen negotiations on future funding of the RSF in October 2022.

3. CalPERS Plans for 2023:

- All 2022 CalPERS health plans are available in 2023, and, for Medicare-eligible retirees, one new plan has been added;
- Health plan details—benefits, coverage limitations, deductibles, copays, and coinsurance—are available only on the CalPERS website ([www.calpers.ca.gov/](http://www.calpers.ca.gov/)). Additional information is available from individual health plan providers;
- Monthly contribution rates for all health plans are available only on the FHDA Human Resources Retiree Pre-97 webpage ([https://hr.fhda.edu/benefits/Pre\\_97\\_Retirees.html](https://hr.fhda.edu/benefits/Pre_97_Retirees.html)) and on p. 5 of this issue of *After-Words*—these rates are negotiated so differ from the full premium rates given on the CalPERS website and quoted by representatives.

4. There have been several personnel changes to Human Resources over the summer: Christine Vo retired, Beijing Li is now the Interim Director of Benefits, and Ray Quan is the new Vice Chancellor of HR. For questions or information on Open Enrollment or any of the documents posted on the FHDA Retiree website, retirees can email [MyBenefits@fhda.edu](mailto:MyBenefits@fhda.edu) ; for specific health plan information, retirees must visit the CalPERS website ([www.calpers.ca.gov/](http://www.calpers.ca.gov/)) or contact the health plan provider.

*Faith Milonas, Tom Strand*

FODARA Benefits Representatives  
[MilonasFaith@fhda.edu](mailto:MilonasFaith@fhda.edu), [StrandTom@fhda.edu](mailto:StrandTom@fhda.edu)

## OPEN ENROLLMENT 2022

### 2023 CalPERS OPEN ENROLLMENT September 19-October 14, 2022

Effective Dates for Changes: January 1-December 31, 2023

Those who wish to change current benefits must participate in Open Enrollment (OE); those who wish to restart benefits after a gap in coverage must apply as a new member. Changes can be made online via your myCalPERS account (see [A Guide to Changing Your Health Coverage](#)), by calling CalPERS at 888-225-7377, or by mailing a written request to Health Benefits at P.O. Box 942715, Sacramento, CA 94229-2715.

Those who do not wish to make any changes to their current benefits do **not** need to participate in OE—their current benefits will automatically rollover.

By September 19, eligible retirees will receive an email from the District ([MyBenefits@fhda.edu](mailto:MyBenefits@fhda.edu)) on OE for Plan Year 2023; if you don't find it, check your junk/spam mailbox, or, if your email address has changed, email the new address to MyBenefits.

- 2023 CalPERS health plan details are available only on the CalPERS website (<https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates>) and from the individual health plan providers.
- 2023 FHDA contribution rates for active employees/eligible retirees will increase by 7% for all but two plans; as in 2022, all plan rates include \$10 for the Post-97 VEBA Trust Fund Account. These rates are negotiated, so differ from CalPERS' full premium rates; they will be posted on the FHDA HR Pre-97 Retiree webpage ([https://hr.fhda.edu/benefits/Pre\\_97\\_Retirees.html](https://hr.fhda.edu/benefits/Pre_97_Retirees.html)) in a document titled *2023 Monthly Contribution Rates for Retirees*; they are also shown in the health plan charts on the next page.
- The health plans available for eligible retirees are all in CalPERS Region 1; non-Medicare retirees who live outside Region 1 can use the search feature on the CalPERS website to find health plans in their zip code: <https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates/zip-search>.

### Onsite Open Enrollment Health Fair Wednesday, September 21, 12pm-2pm Foothill College Dining Hall

Employees and retirees are invited to attend this workshop; benefit vendors and insurance carriers, including a UHC Medicare plan specialist, will be available to share information and answer questions.

## 2023 CalPERS Health Plans:

**Active Employee / Eligible Retiree without Medicare**

Basic Plans	2023 Contribution Rate (includes \$10 for VEBA Fund)			Cost Increase/Decrease from 2022		
	single	2-party	family	single	2-party	family
Anthem Select HMO	99	188	277	+6	+12	+18
Anthem Traditional HMO	249	488	727	+16	+33	+49
Blue Shield Access+ HMO	186	362	538	-216	-431	-647
Blue Shield Trio HMO	129	248	367	+8	+15	+23
Health Net SmartCare HMO	195	380	565	+12	+23	+35
Kaiser HMO	129	248	367	+8	+15	+23
PERS Gold PPO (California only)	107	204	301	+6	+11	+17
PERS Platinum PPO	187	364	541	+12	+24	+36
PORAC PPO (Peace Officers)	187	364	541	+12	+24	+36
United Healthcare Alliance HMO	186	362	538	-326	-652	-978
Western Health Advantage HMO	129	248	367	+8	+15	+23

**Eligible Retiree with Medicare**

Medicare Supplemental Plans Medicare Advantage Plans	2023 Contribution Rate (includes \$10 for VEBA Fund)			Cost Increase from 2022		
	single	2-party	family	single	2-party	family
Anthem Medicare Preferred PPO	249	488	727	+16	+33	+49
Blue Shield Medicare Advantage PPO	249	488	727	+16	+33	+49
Kaiser Senior Advantage HMO	129	248	367	+8	+15	+23
Kaiser Senior Advantage Summit HMO <b>NEW</b>	151	292	433		NA	
PERS Gold Medicare Supplement PPO (California only)	107	204	301	+6	+11	+17
PERS Platinum Medicare Supplement PPO	187	364	541	+12	+24	+36
PORAC PPO Medicare Supplement (Peace Officers)	187	364	541	+12	+24	+36
United Healthcare Edge Medicare Advantage PPO	249	488	727	+16	+33	+49
United Healthcare Medicare Advantage PPO	99	188	277	+6	+12	+18
Western Health Advantage Medicare Advantage HMO	129	248	367	+8	+15	+23

**New Medicare Health Plan:** According to the CalPERS website, the new Kaiser Senior Advantage Summit HMO will have a \$0 co-pay for most services; copays for emergency room visits, pharmacy benefits, acupuncture, and chiropractic will remain. The original Kaiser Senior Advantage Plan will continue to charge a \$10 co-pay. Both Kaiser Senior plans will have an added benefit of a \$70 allowance for over-the-counter (OTC) medications, vitamins and supplements, and other certain mobility and home care supplies.

**Other Benefits:** For 2023, there are no changes to provisions or costs of the Delta Dental, VSP Vision Care, or OptumRX Drug plans.

**Information/forms on the FHDA Retiree webpages** (<https://hr.fhda.edu/benefits/retirees.html>):

- Retirees Pre-97: Annual Retiree Survey; How to Apply for Medicare Part B Reimbursement; Monthly Contribution Rates; Process for CalPERS payments, Contributions, Reimbursements; Retiree Reimbursement Dates, and more;
- Retirees Post-97: Bridge to Medicare Program Requirements; Enrollment Change Form (for Medical Plan or Enrollment Status); Medical Premium Reimbursement- for those eligible for Bridge/VEBA Programs; Retiree Reimbursement Dates; VEBA Trust Program Information, and more.
- Information for Prospective Retirees;
- CalPERS Payments (contributions, reimbursements for full pay retirees, survivors, and COBRA enrollees);
- Change of Address Form;
- Enrollment Change Form;
- General Medicare Information.

## HEALTH NEWS – 3 ITEMS

### HEALTH CARE COSTS NOW AVAILABLE—SORT OF...

Shots-- healthnews NPR July 2022

Data wonks with mighty computers are overjoyed, but ordinary consumers, not so much. Health insurers are now posting their negotiated rates for just about every type of medical service they cover across all providers. But so much data is flowing in from insurers—tens of thousands of colossal digital files from a single insurer is not unusual—that it could be weeks (months?) before data firms put it into usable forms for its intended targets: employers, researchers, and patients.

Insurers are complying with July 1 federal rules aimed at price transparency. "There is data out there; it's just not accessible to mere mortals," said Sabrina Corlette, a researcher at Georgetown University's Center on Health Insurance Reforms. Why post prices now if most consumers won't be able to access this data? The *theory* is that making public this array of prices, which are likely to vary widely for the same care, will help moderate future costs through competition or improved price negotiations.

Though last year hospitals came under a similar directive from the Affordable Care Act, many were slow to adopt this rule, and the federal government's enforcement has proven lax with so far only two hospitals being fined. But the requirement for insurers is broader, and, though it does not include cash prices (yet), it does include negotiated rates paid to hospitals, surgery centers, imaging services, laboratories, and even doctors, as well as amounts billed and paid for "out-of-network" care. Penalty fines for not posting—\$100 a day per violation, per affected enrollee—quickly adds up for medium or large-size insurers or self-insured employers, so there's been a higher rate of compliance.

The data posted on public websites can be hard to access, mainly because of size, but also because each insurer approaches it differently. As examples, Cigna requires would-be viewers to cut and paste a very long URL into a browser to get to a table of contents of the price files while United Healthcare created websites that directly list a table of contents, though these are huge and can include more than 45,000 entries. Thus, for consumers, accessing any single plan is a challenge; it's also difficult for employers who want to use the information to determine how well their insurers negotiate compared with others. Not surprisingly, those who have perused the data see a wide variation in costs—rates for one particular service ranged from \$10,000 to \$1 million.

Congress and administration policy rule makers expected the insurer data would be overwhelming and private firms and researchers would step in to do the deep analysis and data production. One of those firms is Turquoise Health, which had by mid-July downloaded more than 700,000 unique files or about half a petabyte (1 petabyte equals 500 billion pages of standard typed text). Turquoise hopes to share organized data with its paying customers soon and offer it free of charge to ordinary consumers sometime after that on its website.

So, at the moment consumers looking at insurer data postings to help choose the most cost-effective treatment site for a particular procedure will face hurdles: for example, trying to find the negotiated price of an MRI from a specific insurer requires locating the right file, finding the exact plan (often from a table of contents that can include tens of thousands of names), and then downloading and deciphering the tangle of codes to pinpoint one describing a specific service.

But in January 2023, another rule takes effect that could provide consumers apps and other tools to estimate costs when preparing for a visit, test, or procedure. Insurers must make available online, or on paper, if requested, the patient's cost for a list of 500 government-selected, common "shoppable services," including knee replacements, mammograms, a host of types of X-rays, and MRIs. And in 2024, insurers must provide consumers with the cost-sharing amount for all services, not just those initial 500. And the No Surprises Act, which took effect earlier this year, has the goal of reducing the number of insured patients who get higher-than-anticipated bills for care from out-of-network providers. Part of the law requires providers, including hospitals, to give an upfront "good faith estimate" for nonemergency care when asked—now, that part of the law applies only to patients

who are uninsured or using cash to pay for their care. Though it isn't clear when it will apply to insured patients, when it does, insurers will be required to give policyholders cost information before they receive care in a format described as "an advance explanation of benefits" (EOB); it will include how much the provider will charge, how much the insurer will pay, and how much the patient will owe, including any outstanding deductible. *In theory*, that means there could be both an upfront EOB and a price comparison tool, which a consumer might use before deciding where or from whom to get a service. But *in reality*, given all the complexities, Corlette is skeptical these tools will be available in a usable format for real people in the near future.

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## New from Social Security

New features on the Social Security website make it easy to change your personal profile online. Just log on to your mySS account, and, under the MyProfile tab, you can update your phone number, address, and direct deposit information. And from links on the website homepage, you can get an instant Benefit Verification or proof of income letter, request a replacement SS card, get your Social Security statements, and, if applicable, replace certain tax forms. To set up a mySS account, go to <https://www.ssa.gov/myaccount/>

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## OTC Hearing Aids Available in October

NPR Health Update: August 16, 2022

Adults with perceived mild to moderate hearing impairment will soon be able to buy hearing aids directly from stores, pharmacies, and online retailers with no prescription or doctor's appointment required. A final rule issued by the U.S. Food and Drug Administration in August is set to take effect in mid-October, following years of campaigning by lawmakers and advocates. It creates a new category of over-the-counter hearing aids, which the Biden administration says will make the devices more accessible and affordable for millions of Americans. The new rule applies only to certain air-conduction hearing aids for people ages 18 and older who experience mild to moderate hearing impairment—those intended for pediatric use or severe hearing impairment will remain prescription devices. It also does not apply to "personal sound devices," products that help people with normal hearing amplify sounds.

Hearing loss can complicate communication and contribute to social isolation, and researchers have also linked it to walking problems, falls, dementia, and depression. Some 30 million U.S. adults could benefit from hearing aid use, according to the FDA, and yet, only about 14% of Americans with hearing loss actually use them. Until now, the high cost of hearing aids and exams—which are not covered by basic Medicare and often not covered by insurance—has been prohibitive for many people, with the devices typically ranging from \$1,000 to \$6,000 per ear, and additional time and money for being examined and fitted by a specialist.

The Biden administration estimates the new rule will lower the cost of hearing aids by hundreds or even thousands of dollars. According to FDA Commissioner Robert Califf, the FDA is working with manufacturers to ensure the over-the-counter devices are of "good quality" and meet the agency's performance criteria. The administration is also touting the rule as one that will promote innovation and competition in a highly concentrated marketplace.

If you're thinking about buying over-the-counter hearing aids yourself, tips from the Hearing Loss Association of America are available at <https://www.hearingloss.org/hearing-help/technology/otc-hearing-devices/otc-hearing-aids/>

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## District Update on Masking for Fall Quarter 2022

In August, the Consultation Task Force reached consensus to continue to require face coverings in all indoor classes and public-facing offices and to recommend masks in all other areas.

## **FODARA Wants to Hear From YOU!**

Mark your calendar on **November 1** as a reminder to submit an After-Words contribution for the last issue of 2022:

- ✓ A resource you've found useful or a volunteer opportunity you'd like to promote
- ✓ A book you enjoyed / recommend
- ✓ An article for **Retiree News** (Where Are They Now?) or **Favorite Things**
- ✓ A creative endeavor: poem, book (published or in-the-works), artwork, photographs, garden

Email the above or questions to After-Words Editor, Linda Lane ([lanelinda@fhda.edu](mailto:lanelinda@fhda.edu)).



According to the online FHDA District Board minutes, 14 people retired by the beginning of Fall Quarter 2022; apologies if anyone was inadvertently excluded or included.

Becky Bartindale, Chancellor's Office  
 Cecelia Deck, DA Language Arts  
 Lenore Desilets, DA PSME  
 Ronald Dunn, DA Creative Arts  
 Marc Knobel, FH PSME  
 Arden Kragalott, DA PE & Athletics  
 Christopher Kwak, DA Accounting  
 Charles Lee, DA Language Arts

Bertrand Lo, DA PSME  
 Richard Martinez, CS Operations  
 Richard Maynard, DA Auto Tech  
 Bruce McLeod, FH FA/Communications  
 Leif Nelson, CS District Police  
 Denise Perez, FH Academic Services  
 Paule Romeo, FH Bookstore  
 Susan Tavernetti, DA Creative Arts

We wish all retirees a happy, healthy post-employment life! New and "old" retirees are invited to join and support FODARA by signing up for the listserv (email [cindycastillo@comcast.net](mailto:cindycastillo@comcast.net)) and by volunteering to serve on the Board or committee—meetings are currently held off-campus and/or via Zoom. Keep in touch by attending FODARA's in-person get-togethers and Zoom events! Visit our website to see all of the great services FODARA provides to retirees: <http://www.deanza.edu/fodara/index.html>.



Sign up for or renew your **FODARA membership for 2022-23!** The \$10 per year voluntary dues go directly to student scholarships, and these days students definitely appreciate financial assistance. Submit your dues (for one or multiple years) by sending a check, made out to FODARA, to Barbara Illowsky, 21363 Dexter Dr., Cupertino, Ca., 95014. Or donate to the FODARA scholarship fund online via the FHDA Foundation: <https://secure.donationpay.org/fhda/>; under Designate Your Gift, type in "FODARA scholarship fund."



## WHERE ARE THEY NOW?

### David Howard Pitney, retired De Anza History faculty

Where I am now is not much different from when I worked full time. My activities still revolve around De Anza College, my local church, and music. Now I just do far less teaching and much more of everything else. I remain connected to the college, mainly through the De Anza **Adapted Physical Education (APE)** program and **California History Center**. I was hired as a De Anza History instructor in 1990 and retired in December 2018. Retirement was positive for me from the start, mainly because I stayed involved in many groups and activities that I developed while working at De Anza.

I live in Cupertino about twelve miles from De Anza College. My wife Beth and I love the Mediterranean weather, which is one big reason we have not moved. Our home's proximity to the college and our civic organizations are another big plus. As I say, I've been a homebody. We were able to take just one overseas trip to Costa Rica (photo at right) before Covid-19 hit. But I stayed involved even during the depth of the pandemic—thank God for Zoom! A lot of our activity involves singing. We have been in the St Andrew's Episcopal Church Choir for thirty years, and after retiring we also joined the San Jose Symphonic Choir. We kept singing throughout the pandemic, audio-taping our parts at home that were combined with the rest of the choir for composite "virtual concerts."

De Anza College remains a focal point of my activities. I am always taking one or more APE courses, as I did when working full time, and I also am still a Trustee of the CHC Foundation. I still teach a couple online history classes per year and may be able to keep doing so indefinitely under the "Golden Handshake" deal I retired under. I am a lucky guy. I warmly recommend my fellow retirees check out De Anza's **California History Center**. In the last year I've helped write online articles for the CHC site's "**Witnessing History**" series—check one out, if you wish, at <https://www.deanza.edu/califhistory/witnessing-history/index.html>. One article tells the life story of recent retiree, Carolyn Wilkins-Greene (now Wilkins-Santos). The other was inspired by an eyewitness to the Selma March to Montgomery for voting rights, a topic both historical and sadly contemporary. I hope you'll join the CHC Foundation but, whether you become a member or not, consider attending some of its interesting events like the annual **A Taste of History** fundraiser. It always has a speaker/performer at the Center for Performing Arts, while the Euphrat Gallery highlights student artwork and always includes local wines and hor d'oeuvres, too!



Lastly, I recommend people take De Anza **APE** courses. I love them; they are not just for people with chronic physical limitations, like my multiple sclerosis—anyone is eligible to take adapted PE whose doctor can verify a limitation or health condition, from high blood pressure to even a temporary one, such as a sore back, and everyone can benefit from exercise designed around their limitations. The staff are friendly folks, and the price of their courses is right—very affordable! APE, by serving the surrounding community, helps make De Anza a true community college.

**Barbara Illowsky**, FODARA Treasurer, shares a surprise message from a former student.



Long after students have left your course, do you ever wonder if you've truly "made a difference" in their lives? When I meet a student by chance in the community, that student will sometimes tell me how they've, very surprisingly, used the course content (generally statistics) in the "real world." It's rewarding when that happens. As a retired mathematics faculty, most of my students were required to take statistics and other math courses as a requirement and certainly not because of any interest in the subject.

Last week, out of the blue, I received a message from a student from 1991-ish who had purposely looked me up. When she took the math class from me, I was in my early thirties and she was "very old" – probably mid to late thirties. We stayed in touch for a couple of years after she transferred. And then I never heard from her again... until last week. I'd like to share parts of what JoAnn wrote so thoughtfully to me.

*"... You are well remembered. Your patience and clear explanations when I hit a wall made a difference. While I was still at NASA, a Sr. Systems Engineer asked for my help on a proof for his master's class. I figured it out. Later at Stanford, it gave me the basis for econometrics, which is a power house. **Ann[e] Oney** was also an influence. She taught my first computer class. Ironically, I ended up the software release manager for all of Nike's ecommerce websites for 5 years. **Roger Mack** changed my focus from Accounting to broader endeavors. **John Lovas** had me create a Magum Opus of my life for his class. He said that it would be valuable to revisit in our future lives and add to it. De Anza made a big difference..."*

To Anne, Roger, and the late John, along with so many other faculty and staff, you're remembered by our students. You made a difference!

**Linda Conroy**, FODARA At-Large Member, shares information on a favorite organization.



I belong to a group called the **Spirit of '45 Bay Area** that commemorates the end of World War II and honors our WWII Veterans at an annual celebration. This year was an all-day event held August 13 at the San Jose History Park; it featured people dressed in uniforms and 1940's clothes, antique cars, a military tent city, food vendors, and a swing dance in the

evening with a live orchestra. Lescher Dowling, one of FODARA's founding members, was among those honored. He enjoyed listening to 1940's music and entertainment, trying out the dog tag machine, eating ice cream and being kissed by the girls!



## *In Memoriam*



*John Bostic, Foothill College*  
*Dariusz Gilani, De Anza College*  
*Wendell Goesling, De Anza College*  
*Lewis Ham, De Anza College*  
*Mary Ann La Porta Herlihy, De Anza College*  
*Leroy Martin, Foothill College*  
*Jim McCarthy, De Anza College*



**John Brantant Bostic**, (also known as "Jaribu" and "JB") was born in 1946, in Philadelphia, Pennsylvania and spent his childhood there. After graduating from high school, John relocated to Northern California. He received his bachelor's degree of Science in Industrial Relations from San Francisco State University. In 1969, John began his career at Foothill College, where he served as the Financial Aid Director. John was very active in the National Association of Student Financial Aid Administrators and was elected President of the California Community College Student Financial Aid Administrators Association. After 34 years, he retired in 2003. John was also a powerful force in the local political environment in East Palo Alto, Menlo Park, and surrounding Mid-Peninsula communities. In 1988, he was elected to the East Palo Alto City Council and later became East Palo Alto's Vice-Mayor and eventually Mayor and was also Chair of the East Palo Alto Redevelopment Agency. During his years of service with the City of East Palo Alto, John was involved in developing the city's Juneteenth events expressing pride for his roots and service programs for its senior citizens. Some of John's favorite activities were dancing and listening to music, particularly jazz and rhythm & blues. John loved traveling and did so extensively throughout the United States and overseas. During his retirement he discovered the allure of Belize; he relocated there in 2012. John passed away in San Ignacio, Cayo District, Belize, on May 31, 2022.

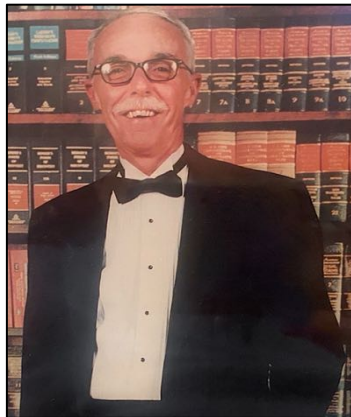


**John Wendell Goesling** was born in Clayton, New Mexico, in 1937. In 1941, Wendell's family moved to Bakersfield, California, where he graduated from Bakersfield High in 1955. He served in the U.S. Army for two years and was honorably discharged in 1957 after being stationed in Korea. Wendell later attended Bakersfield City College and then Fresno State University where he received a B.A. in psychology. He then went on to the University of Tennessee where he received his Ph.D. in psychology. Wendell's first teaching job was at Santa Clara University. Ten years later he transferred to De Anza Community College as Professor of Psychology; he retired in 2012. Wendell married the love of his life, Deborah Ann, in 1981. Together they traveled the world, and enjoyed gardening and entertaining friends at their beautiful home in Willow Glen.



Born in Chicago, **Mary Ann La Porta Herlihy** moved to Southern California with her parents at an early age. After six years, they moved to the Bay Area, where she would live the rest of her life and become an integral part of the community. She attended St. Joseph of Cupertino School and became a dedicated lifelong parishioner, volunteer, Early Childhood Program coordinator, and art teacher, and sent her own daughters to school there. Mary Ann attended San Jose State University, where she majored in history, minored in Spanish, joined the prestigious Black Masque Honor Society; there she met John, her future husband of nearly 51 years.

Mary Ann dedicated her life to teaching, volunteering at St. Joseph's, and being the best mother and grandmother, cooking and baking delicious food and attending every game and theater performance. Throughout her life, Mary Ann excelled in several careers, including teaching at several schools in California and Mexico, running her own antique store, and working at Apple. Never content to stop learning, Mary Ann decided to make a career change when her daughters were in high school and pursue her passion for law, returning to school to earn her JD at Santa Clara University. After earning her degree and passing the bar, Mary Ann enjoyed a new career as corporate counsel at various tech companies and taught intellectual property part-time at De Anza College in the Paralegal Studies Program.



**James M. McCarthy** was born in Chicago, Illinois, in 1943, the second son of Charles McCarthy, Sr. and Irene (Ebeling) McCarthy. He died in San Francisco June 19, 2022 at 79 years old. The family moved from Chicago in 1948, settling in Fontana, California. They started a chicken ranch there (5,000 egg-laying hens), and Jim spent much of his early years helping on the ranch. He attended San Bernardino Valley College, University of California Riverside, and Cal State University San Bernardino before earning his Master's Degree in Library Science from University of Southern California. He had a 30-year career at DeAnza college in Cupertino, where he retired as Dean of Library Services in 2006. He was an active volunteer at

the San Francisco SPCA and as an Opera House usher. He loved traveling and went on many cruises with his brother and sister-in-law.

*If you know of an FHDA retiree who passed away but is not listed on FODARA's In Memoriam webpage (<http://www.deanza.edu/fodara/memoriam.html>), please email Cindy Castillo ([cindycastillo@comcast.net](mailto:cindycastillo@comcast.net)). Tributes submitted to Cindy will be published in After-Words, along with, if available online, short tributes for others.*



# FODARA PIZZA “THING”



**What:** Pizza, Pizza, Pizza!  
**Cost:** \$20.00 for pizza, salad, bread, soft drinks (wine/beer extra)  
**When:** Thursday, October 27, 3:00 – 5:00 pm  
**Where:** Tony and Alba’s Pizza & Pasta (408.246.4605)  
 3137 Stevens Creek Blvd, San Jose  
 (northwest corner of Stevens Creek and Winchester,  
 next to BevMo and close to Santana Row)

RESERVATION FORM: **Please mail by October 19 or earlier**

Your Name \_\_\_\_\_

Your Phone/Email (*if new*): \_\_\_\_\_

Guests \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please reserve \_\_\_\_\_ total places for the Picnic

Indicate dollar amounts below:

\_\_\_\_\_ \$20 per person for Pizza Thing

\_\_\_\_\_ \$10 FODARA membership dues (voluntary)

\_\_\_\_\_ FODARA Scholarship Fund (voluntary)

**TOTAL AMOUNT ENCLOSED: \$** \_\_\_\_\_ Make check payable to "FODARA"

Mail check and reservation form to Bill Lewis, FODARA  
 1380 Elwood Drive, Los Gatos, CA 95032.

For questions or last-minute reservations, contact Bill Lewis at 408.639.9919 /  
 billogatos@gmail.com